



**Burnham-on-Crouch Clubs Sunday Dinghy Racing Series 2024
Burnham Sailing Club (BSC), Creeksea Sailing Club (CSC),
Royal Burnham Yacht Club (RBYC) and Royal Corinthian Yacht Club (RCYC)
March – November 2024
Burnham-On-Crouch, UK**

Sailing Instructions (SI)

This SI applies to all Burnham-on-Crouch Clubs Sunday Dinghy Racing Series 2024 from the BSC, RBYC and RCYC. The Organising Authority (OA) for each race will be the Club from whose line that the race is Started.

1. Rules

- 1.1 RULE NUMBER ONE – All sailors are required to always participate in the spirit of fun. Violators may be made to sing and dance the **HOKEY COKEY**. (see Appendix A)
- 1.2 The regatta will be governed by the rules defined in the Racing Rules of Sailing

2. Changes to Sailing Instructions

- 2.1 Any change to the sailing instructions will be posted 2 hours before the scheduled first race on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.
- 2.2 Any changes made afloat will be communicated orally by the OA support vessel crew.

3. Code of Conduct

- 3.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

4. Signals made ashore

- 4.1 Signals made ashore will be displayed on the BSC/RBYC/RCYC Race Box depending on who is the OA.

5. Schedule

- 5.1 The schedule and location of racing is in Appendix B
- 5.2 There will be two races a day.
- 5.3 Competitors shall sign on/off the water using the Sunday Dinghy Racing WhatsApp group.

5.4 Competitor Briefings and courses will be posted on the Sunday Dinghy Racing WhatsApp group.

5.5 The scheduled time of the warning signal for the first race is in Appendix B.

5.6 Subsequent races will commence as soon as possible after the finish of the previous race.

6. **Class flags**

6.1 Class flag will be - F

7. **Racing areas**

7.1 Rivers Crouch. A more specific location will be provided at the briefing.

8. **The Courses**

8.1 The courses to be sailed will be provided on the day via the Sunday Dinghy Racing WhatsApp group or will be relayed via the support boat.

8.2 Average laps may be used.

9. **Marks**

9.1 As described via the WhatsApp group.

9.2 The starting and finishing line will be the OA club line.

10. **The Start**

10.1 Races will be started by using rule 26 with the warning signal made 5 minutes before the start signal.

10.2 A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4 and A5.

11. **Time Limits**

11.1 The target time for each race is 40 mins.

11.2 Boats failing to finish within 15 minutes after the first boat with a PY number greater than 1000 sails the course and finishes will be scored finished on the water and scored 1 place lower than the last boat to finish within the agreed time limit. This changes rules 35, A4 and A5

11.3 A boat that sails more laps than another equal or lower (faster) handicap may have its finish time and lap count taken from the end of its penultimate lap if it would otherwise be placed behind the boat(s) of equal or lower handicap which sailed fewer laps.

12. **The Finish**

12.1 Each boat will sail the defined number of laps or until the 'S' flag is displayed while the first boat to be finished is rounding the last mark before the finish.

12.2 After finishing, boats shall keep clear of the finishing line and all boats that are continuing to race.

13. **Penalties**

13.1 This event should be decided on the water and not in the protest room. It is the responsibility of every competitor to sail in a manner that is fair and with due respect to their fellow competitor, so that the results are a valid reflection of true sailing ability. If you think you have failed or disrespected another competitor two

penalty turns will remedy the situation in all but extreme circumstances. If needed, arbitration will be used where possible to avoid heading to the protest room.

- 13.2 If you hit a racing mark, you can either choose to do one penalty turn or the HOKEY COKEY (see appendix A).

14. **Hearing Requests**

- 14.1 The protest time limit is 60 minutes after the last boat has finished the last race of the day or 60 minutes after the race committee signals no more racing today, whichever is later.

- 14.2 Protest forms are available to be downloaded from the RCYC website. Protests and requests for redress or reopening shall be delivered to the Race Officer within the appropriate time limit.

- 14.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at the OA Club.

15. **Scoring**

- 15.1 Number of races in each Series is Spring Series = 20, Summer Series = 20 and Autumn Series = 22.

- 15.2 2 races is required to be completed to constitute a Series.

- 15.3 For every 4 races have been completed, a boat's series score will be the total of her race scores excluding her one worst score.

- 15.4 A boat may be scored according to her average lap time which will be calculated as:

$$\frac{\text{Total Elapsed Time}}{\text{No. laps completed}} \times \text{Handicap}$$

16. **Safety Regulations**

- 16.1 RRS40.1 (personal flotation devices) applies to all competitors

- 16.2 All competitors must have a painter tied to their boat of equal length to the boat.

- 16.3 A competitor who elects not to launch or race after completing registration shall notify the Race Box via the WhatsApp group as soon as possible.

- 16.4 A boat that retires from a race shall notify the Race Officer or designated support rib as soon as possible.

17. **Trash Disposal**

- 17.1 Trash may be placed aboard support or official boats.

18. **Radio communication**

- 18.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

- 18.2 The Race Committee will operate on vhf Ch37a

19. **Disclaimer of Liability**

- 19.1 21.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and

acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore.
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate.
- e) The provision of a race management team, patrol boat and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

20. Insurance

- 20.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3.000.000 per incident or the equivalent.

20.2 Further Information

For further information please contact either:

RCYC Office: The Quay, Burnham on Crouch, Essex, CM0 8AX.

Tel: 01621 782105

Email: info@royalcorinthian.co.uk.

Office Opening hours:

- Monday to Friday - 0900 to 1700hrs
- Saturday (in season only) - 0830 to 1430hrs
- Sunday (in season only) - 0830 to 1430hrs
- Winter Weekends - 1000 to 1400hrs.

APPENDIX A: Schedule

The Hocky Cokey must be sung by all crew on board, standing up, at the top of their voices and must include the moves as they are being sung. If this is failed, this will lead to another requirement to sing the Hokey Cokey.

The Hokey Cokey

You put you left/right foot in
You put your left/right foot out
In, out, in, out, you shake it all about
You do the Hokey Cokey and you turn around
That's what it's all about

Woah-oh, the Hokey Cokey
Woah-oh, the Hokey Cokey
Woah-oh, the Hokey Cokey
Knees bent, arms stretched, RA, RA RA.

APPENDIX B: Date, Series, Location and Warning Signal Times.

For the Spring and Summer Series the racing will start from the RCYC Line until further notice.

Date	Series	BSC	RBYC	RCYC
24/03/2024	Spring			10:15
07/04/2024	Spring			10:15
14/04/2024	Spring			10:15
21/04/2024	Spring			10:15
28/04/2024	Spring			10:15
05/05/2024	Spring			10:15
12/05/2024	Spring			10:15
19/05/2024	Spring			10:15
02/06/2024	Spring			10:15
09/06/2024	Spring			10:15
16/06/2024	Summer			10:15
23/06/2024	Summer			10:15
30/06/2024	Summer			10:15
07/07/2024	Summer			10:15
14/07/2024	Summer			10:15
21/07/2024	Summer			10:15
28/07/2024	Summer			10:15
04/08/2024	Summer			10:15
11/08/2024	Summer			10:15
18/08/2024	Summer			10:15
08/09/2024	Autumn	10:45		
15/09/2024	Autumn	10:45		
22/09/2024	Autumn	10:45		
29/09/2024	Autumn	10:45		
06/10/2024	Autumn	10:45		
13/10/2024	Autumn	10:45		
20/10/2024	Autumn	10:45		
27/10/2024	Autumn	10:45		
03/11/2024	Autumn	10:45		
10/11/2024	Autumn	10:45		
17/11/2024	Autumn	10:45		