

Burnham on Crouch Sailing Club

# 2023

## PROGRAMME & SAILING INSTRUCTIONS

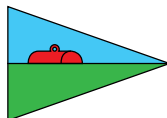
Issued 01/03/2023  
Amended 05/04/2023

Check [www.burnhamsc.co.uk](http://www.burnhamsc.co.uk) for the latest news and results.

Clubhouse, West Quay, Burnham on Crouch, Essex, CM0 8AS  
(BSC Car Park via Remembrance Avenue)

What-Three-Words location: **yachting.round.passenger**





A warm welcome to the BSC and the 2023 season.

We are now into our 93rd year since the Club's formation and membership levels are at the highest ever – we must be doing something right!

We've got some super enthusiastic new members on the committee (as detailed on the back cover) and, building on the successes of last year, we have a packed programme of racing, fun and social events ahead. I very much look forward to seeing you at the club and also to meeting our new members and their families.



As has been said so many times before, the success of the BSC relies heavily on our volunteers and a huge thank you goes to all our members who do so much for the club, not just on the water or in the galley, but behind the scenes all year round.

**Lucy Heathfield-Ward**  
Commodore



## Ever wondered what the Flag Officers do or why we have them?

The BSC is managed on behalf of the members by the Club Officers and Committee and supported by many volunteers.

The committee consists of Trustees who hold the assets of the club, a President and Vice President, Flag officers, and several general committee members. The President and Vice-President are elected permanently as a mark of respect for services rendered to the Club (these are past Commodores, it has always been the case), and they serve until they wish to retire.

A Commodore, Vice Commodore and Rear Commodore, the flag officers, and the general committee are either elected by members or co-opted by the committee itself and are responsible for the overall running of the club.

The first Commodore, appointed when the club was established in 1930, was H. Warwick-Smith Esq and he remained in office for an incredible 23 years. To date we have had 28 Commodores, 32 Vice Commodores and 36 Rear Commodores and each have their own flag. When the club is open you can tell who the most senior flag officer present is by looking at whose flag is flying on the flag pole.

Although not specified in the club rules, after the first commodore it was agreed that each flag officer should hold office for three years but in 1998 this was reduced to 2-years. Traditionally, Rear Commodore would progress to Vice Commodore and then go on to become Commodore, although these days we are not so strict.

### So, what do the Flag Officers actually do?

**Rear Commodore** This year we are splitting the role into two: **Ros Jones** (House) - Responsible for what goes on inside the clubhouse such as overseeing the galley and organising club functions. **Dan Loasby** (Premises) - Responsible for managing and maintaining our clubhouse and facilities like the pontoon, dinghy and car parks etc.

**Vice Commodore** **Tom Sadler** - Responsible for all sailing matters from organising open events to making sure the Juniors have enough coaches and equipment.

**Commodore** **Lucy Heathfield-Ward** - Chairs the committee meetings and represents the Club externally at many meetings and functions.

The Commodore and Vice Commodore will also generally sit on the Joint Clubs Committee that organises Burnham Week.

## Sailing in 2023

Having supported the flag officers at the BSC for over 20 years you have to question my sanity when I agreed to tread in their footsteps. However, the truth of it is that I love my club. I have enjoyed watching my children learning to sail, whilst also having great fun myself, sailing and racing with good friends. I am grateful for the efforts of my predecessors who have given myself and my family the opportunity to enjoy our wonderful sport. I am also very lucky in that I have great support from like minded members who are still so very keen to help me with this task.

So, here I am, Vice Commodore Sailing.

Racing - This year is going to be a blast:

- The one designs are always well supported and closely contested.
- Local handicap (Class3/White Sails) - we need more people to enjoy the midweek fun and more boats would probably mean a fairer handicapping for those who do and don't fly spinnakers. I am happy to discuss various class options.
- IRC Class 1 – This class has become increasingly competitive and we have seen a growth in competitive IRC boats over the last few months. We also have a 1978 veteran returning to the Burnham fleet (Santa Evita). It is all so very unpredictable and exciting stuff.
- Dinghies - I am really excited that Jo Tribe, a life long BSC member, has agreed to take on the role of dinghy coordinator at the BSC. Jo shares my passion for sailing to be fun and accessible to as many as possible. I am sure that Jo will be a great addition to the sailing committee.

This year should be fun, if it's not then contact me and I will do my best to address your concerns. And, by the way, as VC sailing, I will necessarily have to hear and adjudicate on any Wednesday night protests. So, be warned, if anyone dares to submit a protest these will be heard in the bar and will involve several rounds!



And Juniors, you had a great year last year – keep up the good work, it's good to see, as you are the future of our club. Be safe, have fun.

### Tom Sadler

Vice Commodore Sailing  
vicecommodore@burnhamsc.co.uk



### Notable dates for 2023:

Tuesday/Wednesday 4th/5th April  
Tuesday/Wednesday 11th/12th April  
Saturday 6th May  
Saturday/Sunday 8th/9th July  
Saturday 15th July  
Sunday 16th July  
Saturday 26th August – Saturday 2nd September  
Sunday 3rd September  
Sunday 1st October  
Sunday 26th November

Practice races  
Spring Series Race 1  
Cruiser Series Race 1 (monthly)  
Jimmy Starling (Squibs)  
BSC Regatta  
Commodore's Cruise  
Burnham Week  
HMS St Mathew Cup  
Autumn Series Race 1  
Nutcracker Series Race 1

Further details and information on other BSC events will be made available on the website: [www.burnhamsc.co.uk](http://www.burnhamsc.co.uk)





## Dinghies

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I can't wait for the start of Tuesday dinghy racing. I will be out in my RS200 with super crew Marcus. Hopefully we will see many of you out on the water. And please come and say hello if you see me in the dinghy park.

This season we have a coached Oppie "Regatta Fleet" so I hope to see many of our junior sailors joining the racing.

Tuesdays goals are:

- get out there on the water to blow those cobwebs away
- make some great new friends
- have fun
- enjoy a bit of competition
- enjoy a pasty and chat in the clubhouse after.

Get your dinghies ready and come along!"

### Jo Tribe

Dinghy Coordinator  
[dingies@burnhamsc.co.uk](mailto:dingies@burnhamsc.co.uk)

### Notable dates for 2023:

Saturday/Sunday 1st/2nd April

Tuesday 4th April

Tuesday 11th April

Saturday 15th July

Saturday 19th August

Saturday 26th August – Saturday 2nd September

Support boat/VHF Training

Practice race

Spring Series Race 1

BSC Regatta

Junior Regatta

Burnham Week

Further details and information on other BSC events will be made available on the BSC website: [www.burnhamsc.co.uk](http://www.burnhamsc.co.uk)



## Juniors

The BSC Junior "Seals" meet every Friday afternoon from mid-April to the end of September, ending the school week with a great evening on the water and learning various aspects of sailing.

Last year saw this section of the club grow dramatically. Fortunately we have also had a massive increase in the number of parents/guardians coming forward to volunteer to help us manage this increase, enabling us to cover as much learning as possible. Not only do we train on a Friday night at the club but also most weekends at a local pond. This is a great way for newbies to experience the water solo in a dinghy safely before taking to the river.

This season brings a new event, a four day, over the weekend fun packed experience of sailing and learning. We also hope to build a float for the Burnham Carnival which is going to be great fun. The BSC hasn't had a float in the carnival for many years.

We are planning various other day trips on the water including a sail to visit local seals, picnics on the water and camp-overs at the pond.

Join us on Friday after school 4pm onwards for a great experience and start sailing!!

Please contact junior coordinators **Adrian and Hayley Bullen** for further details. [juniors@burnhamsc.co.uk](mailto:juniors@burnhamsc.co.uk)



### Notable dates for 2023

Sat/Sun 1st & 2nd April  
Friday 14th April  
Saturday 15th July  
Fri 11th – Mon 14th August  
Saturday 19th August  
Saturday 16th September  
Saturday 30th September

Support boat / VHF training  
1st Friday evening sailing  
BSC Regatta  
Junior Seals Weekend  
Junior Regatta  
Junior Prizegiving  
Burnham Carnival

Further details and information on other BSC events will be made available on the BSC website: [www.burnhamsc.co.uk](http://www.burnhamsc.co.uk)

## BSC Kayak Section

The BSC's kayak section comprise a fun and friendly group of kayakers and canoeists focused mainly on sea and river kayaking.

Our club paddles take place on Wednesday evenings during the season (April to September), and members also meet up for paddles from the BSC during the week or at weekends, including trips around Wallasea and down to Battlesbridge to name but a few. Occasionally we travel a little further afield to the Blackwater, the River Chelmer and other inland waterways. Some members also venture as far as Wales and Scotland! Among the group are a number of qualified instructors who are always happy to help and are keen to teach other members new skills and techniques.

We run pool sessions for members throughout the year, along with various training sessions on the river, including wet exit training when the weather warms up a little!

Our first Wednesday paddle will take place, weather permitting, on Wednesday 29th March. We aim to meet at 5:30pm to be out on the water for 6pm, paddles will last between 1-2 hours. We welcome new paddlers to come and meet us. Club equipment and kayaks are available to get you started.

Following the evening paddle, we meet in the BSC clubhouse for hot food, drinks and good company.

Crouch Kayak Club (CKC), a British Canoeing affiliated kayak and canoeing club with Quality Club status is also based at BSC, and further

useful information relating to kayaking can be found on their website at [www.crouchkayakclub.co.uk](http://www.crouchkayakclub.co.uk)

Please contact **Amanda** for further details [kayak@burnhamsc.co.uk](mailto:kayak@burnhamsc.co.uk)



## BSC SUP – Stand Up Paddleboards

We anticipate midweek paddling in company will start alongside the racing in early April but there is nothing to stop you getting together at weekends (or any time) for a paddle.

It is a very popular, sociable and laid-back sport where you can enjoy the river, make new friends and improve your fitness and flexibility.



## Notable dates for 2023

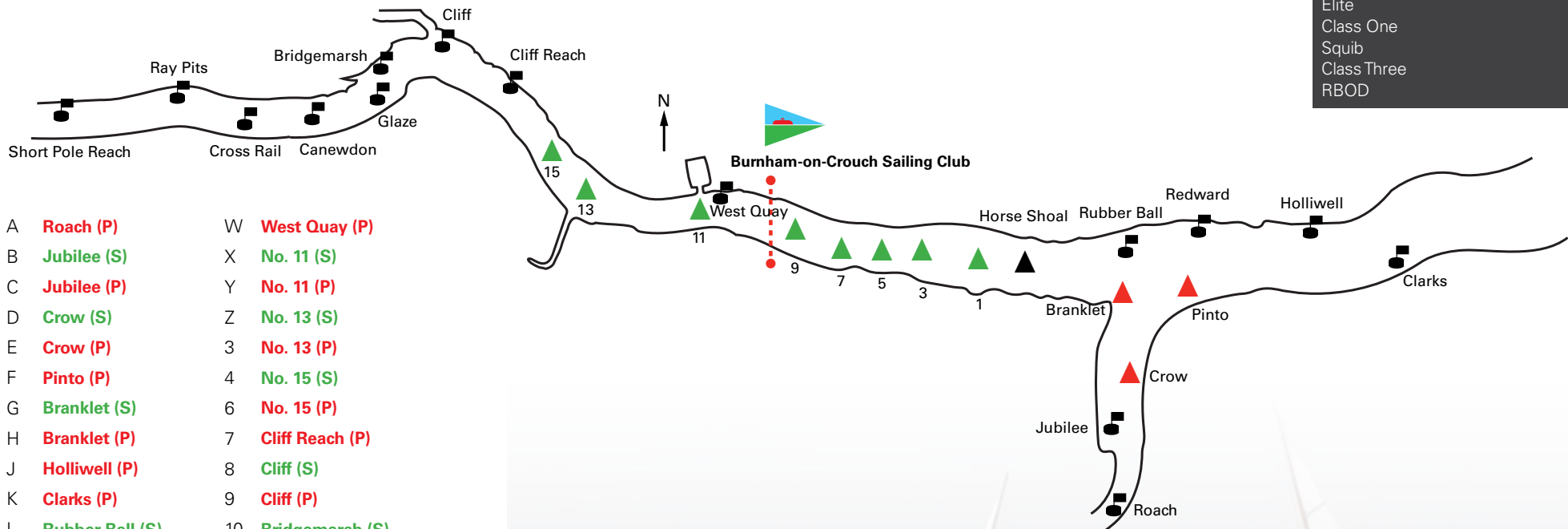
18th March	Pool session
29th March	First Wednesday evening paddle
15th April	Pool session
26th July	Wet exit training
9th August	Wet exit training
16th September	Pool session
21st October	Pool session
18th November	Pool session

Further details and information on other BSC events will be made available on the BSC website: [www.burnhamsc.co.uk](http://www.burnhamsc.co.uk)



# Burnham on Crouch Sailing Club Course Card 2023

Start times - Wednesday evening series	
Blaze	17:50
Elite	18:00
Class One	18:05
Squib	18:10
Class Three	18:15
RBOD	18:20



- |   |                 |    |                      |
|---|-----------------|----|----------------------|
| A | Roach (P)       | W  | West Quay (P)        |
| B | Jubilee (S)     | X  | No. 11 (S)           |
| C | Jubilee (P)     | Y  | No. 11 (P)           |
| D | Crow (S)        | Z  | No. 13 (S)           |
| E | Crow (P)        | 3  | No. 13 (P)           |
| F | Pinto (P)       | 4  | No. 15 (S)           |
| G | Branklet (S)    | 6  | No. 15 (P)           |
| H | Branklet (P)    | 7  | Cliff Reach (P)      |
| J | Holliwell (P)   | 8  | Cliff (S)            |
| K | Clarks (P)      | 9  | Cliff (P)            |
| L | Rubber Ball (S) | 10 | Bridgemarsh (S)      |
| M | Redward (P)     | 11 | Bridgemarsh (P)      |
| N | Horse Shoal (S) | 12 | Glaze (S)            |
| P | Horse Shoal (P) | 13 | Glaze (P)            |
| Q | No. 1 (S)       | 14 | Canewdon (P)         |
| R | No. 1 (P)       | 15 | Short Pole Reach (P) |
| S | No. 3 (P)       |    |                      |
| T | No. 5 (P)       |    |                      |
| U | No. 7 (P)       | SP | Special Course       |
| V | No. 9 (P)       | LD | Long Distance        |



“Special Course” will be announced on VHF Ch 37 before the warning signal

SI 17.2 : Retirements shall be reported to the Racebox immediately via VHF Channel M1 (37) or by Mobile: 07753138642

## BSC Calendar 2023

Date	HW	HT	Keelboat	Dinghy	RBOD	Event	Junior	Kayaks	Social
<b>February</b>									
Fri	24						Parents Meeting		
Sat	25						Work Party Weekend		
Sun	26								
<b>March</b>									
Weds	1								St David's Day Supper
Sun	12	15:32	4.97				Work Party		
Fri	17								St Patrick's Day Supper
Sat	18							Pool Session	
Sat	25	15:00	5.08						
Sun	26	16:36	4.79						
Weds	29	18:26	3.86					Wednesday evening Kayak paddles start	
<b>April</b>									
Sat	1	10:15	3.53			Support Boat/VHF Training			New Members Welcome
Sun	2	11:15	3.83			Support Boat/VHF Training			
Tues	4	12:43	4.42			Practice Race			
Wed	5	13:18	4.63			Practice Race		Kayak Paddle	
Fri	7	14:22	4.91						
Sat	8	14:54	4.97			Support Boat Training			
Sun	9	15:29	4.95			Support Boat Training			
Tues	11	16:46	4.66			Tuesday Dinghy Racing			
Wed	12	17:30	4.39	Race 1		Spring Series		Kayak Paddle	
Thurs	13								Pie & a Pint Night
Fri	14	19:16	3.81				Junior Sailing starts		
Sat	15	08:16	3.90					Pool Session	
Tues	18	12:05	4.87			Tuesday Dinghy Racing			
Wed	19	12:51	5.14	Race 2		Spring Series		Kayak Paddle	
Fri	21	14:14	5.24				Sailing		
Sat	22	14:51	5.10						
Sun	23	15:25	4.89						
Tues	25	16:27	4.46			Tuesday Dinghy Racing			
Wed	26	16:59	4.26	Race 3		Spring Series		Kayak Paddle	
Fri	28	18:22	3.83				Sailing		
Sat	29	19:21	3.64						
Sun	30	08:58	3.55						
<b>May</b>									
Tues	2	11:12	4.12			Tuesday Dinghy Racing			
Wed	3	11:57	4.45	Race 4		Spring Series		Kayak Paddle	
Fri	5	13:16	4.90				Sailing		
Sat	6	13:54	5.00	Race 1		Cruiser Series			King Charles III Coronation Fish & Chip Supper
Sun	7	14:31	5:02	Race 1		Cruiser Series			
Tues	9	15:49	4.83			Tuesday Dinghy Racing			

ALL TIMES ARE BST



## BSC Calendar 2023 continued

Date	HW	HT	Keelboat	Dinghy	RBOD	Event	Junior	Kayaks	Social
<b>May</b>									
Wed	10	16:30	4.65	Race 5		Spring Series		Kayak Paddle	
Fri	12	18:07	4.21				Sailing		A Taste of Eurovision
Tues	16	10:42	4.64		Race 6	Tuesday Dinghy Racing			
Wed	17	11:34	4.91	Race 6		Spring Series		Kayak Paddle	
Fri	19	13:06	5.12				Sailing		
Sat	20	13:47	5.06						
Sun	21	14:24	4.92						
Tues	23	15:26	4.60		Race 7	Tuesday Dinghy Racing (RNLI Pennant Race)			RNLI Collection and Raffle
Wed	24	15:54	4.49	Race 7		Spring Series (RNLI Pennant)	Lifeboat on pontoon	Kayak Paddle	RNLI Collection and Raffle
Fri	26	17:09	4.29				Sailing		
Tues	30	21:26	4.04		Race 8	Tuesday Dinghy Racing			
Wed	31	22:33	4.25	Race 8	Race 1	Spring Series		Kayak Paddle	
<b>June</b>									
Fri	2	11:59	4.78				Sailing		
Sat	3	12:46	4.96	Race 2		Cruiser Series			
Sun	4	13:31	5.05						
Tues	6	14:58	5.00		Race 9	Tuesday Dinghy Racing			
Wed	7	15:42	4.90	Race 9	Race 2	Spring Series		Kayak Paddle	
Fri	9	17:14	4.65				Sailing		
Sat	10	18:06	4.52						Tapas & Acoustics
Sun	11	19:06	4.43						
Tues	13	21:21	4.50		Race 10	Tuesday Dinghy Racing			
Wed	14	22:25	4.67	Race 10	Race 3	Spring Series		Kayak Paddle	
Fri	16	11:57	4.94			Tuesday Dinghy Racing Stuart Paul Memorial Trophy			
Sat	17	12:45	4.95						
Sun	18	13:28	4.90						
Tues	20	14:42	4.66		Race				
Wed	21	15:09	4.57	Race	Race	Stuart Paul Memorial Trophy		Kayak Paddle	Prizegiving
Friday	23	16:11	4.54				Sailing		
Sat	24	16:52	4.53						
Sun	25	17:39	4.48						
Tues	27	19:29	4.32		Race	Tuesday Dinghy Racing President's Trophy			
Wed	28	20:35	4.27	Race	Race	Baldwin Trophy		Kayak Paddle	
Fri	30	22:54	4.49				Sailing		
<b>July</b>									
Sat	1	11:30	4.68	Race 3		Cruiser Series	RS Tera Open		
Sun	2	12:24	4.86				RS Tera Open		
Tues	4	14:04	5.10		Race 1	Tuesday Dinghy Racing			
Wed	5	14:50	5.13	Race 1	Race 4	July Cup		Kayak Paddle	
Thurs	6								Ploughman's Supper

ALL TIMES ARE BST

## BSC Calendar 202 continued

Date	HW	HT	Keelboat	Dinghy	RBOD	Event	Junior	Kayaks	Social
<b>July</b>									
Fri	7	16:20					Sailing		
Sat	8	17:06				Jimmy Starling			Jimmy Starling Dinner
Sun	9	17:54				Jimmy Starling			Prizegiving
Tues	11	19:47		Race 2		Tuesday Dinghy Racing			
Wed	12	20:53	Race 2		Race 5	July Cup		Kayak Paddle	
Fri	14	23:05					Sailing		
Sat	15	11:38				BSC Regatta			Regatta Supper
Sun	16	12:30				Commodore's Cruise			
Tues	18	14:00		Race 3		Tuesday Dinghy Racing			Ploughman's Supper
Wed	19	14:35	Race 3		Race 6	July Cup		Kayak Paddle	
Fri	21	15:25					Sailing		
Tues	25	18:03		Race 4		Tuesday Dinghy Racing			
Wed	26	18:54	Race 4		Race 7	July Cup		Wet Exit Training	
Fri	28	21:06					Sailing		
Sat	29	09:56							
<b>August</b>									
Tues	1	13:03		Race 5		Tuesday Dinghy Racing			
Wed	2	13:52	Race 1		Race 1	Summer Series		Kayak Paddle	
Thurs	3								Ploughman's Supper
Fri	4	15:21					Sailing		
Sat	5	16:03	Race 4			Cruiser Series			
Tues	8	18:19		Race 6		Tuesday Dinghy Racing			
Wed	9	19:14	Race 2		Race 2	Summer Series (Diana Memorial)		Wet Exit Training	
Fri	11	21:40					Junior Seals Weekend		
Sat	12	10:19					Junior Seals Weekend		
Sun	13	11:21					Junior Seals Weekend		
Mon	14	12:16					Junior Seals Weekend		
Tues	15	13:04		Race 7		Tuesday Dinghy Racing			Ploughman's Supper
Wed	16	13:45	Race 3		Race 3	Summer Series		Kayak Paddle	
Fri	18	14:46					Sailing		
Sat	19	15:09					Junior Regatta		
Tues	22	16:48		Race 8		Tuesday Dinghy Racing			
Wed	23	17:31	Race 4		Race 4	Summer Series		Kayak Paddle	
Fri	25	19:15					Sailing		
Sat	26	20:26				Burnham Week			
Sun	27	09:20				Burnham Week			
Mon	28	10:48				Burnham Week			Afternoon Tea
Tue	29	11:54				Burnham Week			
Wed	30	12:47				Burnham Week (JT Memorial Dinghy Race)		Kayak Paddle	JT prizegiving evening
Thu	31	13:33				Burnham Week			

ALL TIMES ARE BST

## BSC Calendar 202 continued

Date	HW	HT	Keelboat	Dinghy	RBOD	Event	Junior	Kayaks	Social
<b>September</b>									
Fri	1	14:16				Burnham Week			BSC Cocktail Party Invitation
Sat	2	14:57				Burnham Week			Fireworks and Fish and Chips
Sun	3	15:37				HMS St Mathew Cup			
Tues	5	17:00		Race 9		Tuesday Dinghy Racing			
Wed	6	17:45	Crew's Race		Crew's Race	Crew's Race/ Dinghy Summer Series			
Fri	8	19:43					Sailing		
Sat	9	08:29	Race 5			Cruiser Series			
Wed	13	12:41						Kayak Paddle	
Fri	15	13:54					Sailing	Final Wednesday evening kayak paddle of the season	
Sat	16	14:20						Pool Session	Junior Prize Giving
Wed	20	16:21						Kayak Paddle	
Sat	23	18:46							
Wed	27	11:31						Kayak Paddle	
Sat	30	13:48				Tucker Brown Cup (BYH)			Macmillan Coffee & Cake + Burnham Carnival
<b>October</b>									
Sun	1	14:28		Race 1		Autumn Series			
Sat	7	06:22							Quiz Night
Sun	8	07:25		Race 2		Autumn Series			
Sat	14	13:18							
Sun	15	13:48		Race 3		Autumn Series George Prince Trophy			
Sat	21	17:36						Pool Session	Prize Giving Dinner
Sun	22	18:33		Race 4		Autumn Series			
Sat	28	12:36							
Sun	29	12:19		Race 5		Autumn Series			
<b>November</b>									
Sun	5	04:34		Race 6		Autumn Series			
Sun	12	11:39		Race 7		Autumn Series Peter Cashel Mem Trophy (Remembrance Sunday)			Prizegiving after racing
Sat	18							Pool Session	
Sun	19	16:34		Race 8		Autumn Series			Autumn Series lunch
Sunday	26	11:09		Race 1		Nutcracker			
<b>December</b>									
Sun	3	16:06		Race 2		Nutcracker			
Sun	10	10:14		Race 3		Nutcracker			
Sat	16								Jingle Mingle Social
Sun	17	15:42		Race 4		Nutcracker			Mulled wine and mince pies
<b>January 2024</b>									
Sun	29					AGM			

ALL TIMES ARE BST



## Social Events 2023

Wednesday 1st March

Friday 17th March

Saturday 1st April

Thursday 13th April

Sunday 23rd April

Saturday 6th May

Friday 12th May

Saturday 10th June

Thursday 6th July

Tuesday 18th July

Thursday 3rd August

Tuesday 15th August

Monday 28th August

Friday 29th September

Saturday 30th September

Saturday 30th September

Saturday 7th October

Saturday 16th December

St David's Day Supper

St Patrick's Day Supper

New Member Welcome Drinks

Pie and a Pint

St George's Day Sunday Lunch

Coronation Fish and Chips

A Taste of Eurovision

Tapas and Acoustics

Ploughman's Supper

Ploughman's Supper

Ploughman's Supper

Ploughman's Supper

Afternoon Tea

Macmillan Coffee and Cake

Macmillan Coffee and Cake

Burnham Carnival

Quiz Night

Jingle and Mingle

Full details for each event will be communicated nearer to the time.

Any enquiries on upcoming clubhouse events, please contact

**Ros Jones**

[social@burnhamsc.co.uk](mailto:social@burnhamsc.co.uk)

Please keep an eye on emails and check the website for further information:

[www.burnhamsc.co.uk](http://www.burnhamsc.co.uk)



## The Helmsmanship Trophy

The Helmsmanship trophy was first presented in 1931 by H Warwick Smith, founder member of the Burnham Sailing Club. It is the tiller from his yacht, Eloise, distinctive by the lion's head and the first holder was Paul Tucker.

The trophy was raced for over a series of one design match races and the winner deemed to be best sailor in the club for that year – it soon became the most prestigious trophy for the Club. Any member could enter and boats were drawn by lot (no one was allowed to sail their own boat). Initially Burnham Sailing Club 14 and 16 footers were used in alternate years.

Jo Barker recalls crewing for John Wiseman with her father, Sonny Cole, in Sonny's boat Cinder. Although it was Sonny's boat this was OK because he was crew and not the helm. However, her rudder broke in half and they had to be towed home. That was the only time she heard her father swear!

After the demise of the 14 and 16 footers the club adopted Enterprises and Jo remembers crewing for her uncle, Bob Cole, in one race. In those early years Bill Stebbings won several times and became 'the one to beat', particularly for the Cole family!

Over the years the format changed until this competition disappeared when members became more reluctant to lend their boats.

So, last season the committee were delighted to dust the Helmsmanship Trophy off and present it to Ben Harden, who not only sails at the club whenever possible, but competes at the Blaze and RS200 events regularly, all under the BSC flag. He retained his Blaze National Champion title in 2022 and for this and his others outstanding sailing achievements he was presented with the Helmsmanship Trophy.



As prestigious as the Helmsmanship trophy is, we don't overlook achievements at the other end of the scale! Yes, I'm talking about the Clanger trophy. A little reminder of those things that happen afloat (and even ashore) that you would like to forget. Awarded with a poem cataloguing the mishaps of the season, this little bell reminds us all we are human! Many past Commodores have been recipients, or at least mentioned in verses, as have Junior coordinators. I will spare the blushes of those who won the Clanger trophies this year (..... but see pages 31 & 32).

Many of the club trophies have a rich history and it is always interesting to see the names engraved on them. However, the trophies themselves weave the story of how the Burnham Sailing Club started and grew, reminding us who supported the Club and remembering those who worked tirelessly or were taken from us too soon. Dinghies sail for the President's Trophy in memory of Murray Prior, past President. Ladies have in the past raced for the Esme Savage, a trophy donated for ladies to race for in memory of a cherished daughter. We all come together to race for the Stuart Paul Trophy and remember his zest for life and bravery. When you next win a trophy or attend a prize giving why not take some time to read the past winners and find out more about the history of our fantastic club!

# Sailing Instructions 2023

## SECTION "A" (Keelboats)

The notation '(DP)' in a rule means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

### 1 Rules

- 1.1 The racing will be governed by the rules as defined in The Racing Rules of Sailing 2021-2024 (RRS), IRC2023 rules where applicable and the Crouch Harbour Byelaws. <https://crouchharbour.uk/byelaws/>
- 1.2 The helm or owner must be a sailing member of the Burnham on Crouch Sailing Club (BSC).
- 1.3 One-design class rules will apply when boats are racing in a one design class and valid association membership is needed where applicable. Any crew weight limit rules for IRC are exempt for Club racing in Class One. If a one design is racing out of class in the local handicap classes, class rules do not apply.

### 2 Notices to Competitors

- 2.1 Notices to competitors will be posted on the official notice boards located in the club house and on the BSC website and social media channels when possible.

### 3 Changes to Sailing Instructions

- 3.1 Any change to the sailing instructions will be posted before 09:00 on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

### 4 Signals Made Ashore

- 4.1 Signals made ashore will be displayed at the BSC using the appropriate flag boards displayed on the upper storey balcony.
- 4.2 If the V flag flies from the flag halyards by the Club Burgee all boats and support vessels need to maintain radio watch on CH37 and 16 to potentially assist with a search and rescue.

### 5 Schedule of Races

- 5.1 Dates as in the BSC Programme 2023.
- 5.2 Class One is for yachts with a current valid IRC certificate. Class Three is for yachts sailing with Spinnaker and without spinnaker under local handicap.
- 5.3 The scheduled warning signals for each class are as follows:

Class	Warning Signal	Start
Elite	1755	1800
Class One	1800	1805
Squib	1805	1810
Class Three	1810	1815
RBOD	1815	1820

ALL TIMES ARE BST

- 6 Class Flags

### 6.1 Class Flags will be:

Elite	E
Class One	NP1
Squib	NN9
Class Three	NP3
RBOD	NN4

### 7 Racing Area

- 7.1 The racing will take place on the Rivers Crouch and Roach.

### 8 The Courses

- 8.1 The courses will be set from the BSC Course Card 2023. A chartlet is provided showing the approximate locations of marks.
- 8.2 The BSC line is a mark of the course when a boat passes through it on any leg of their course.

### 9 The Start

- 9.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal and then at 4, 1, GO.
- 9.2 The starting line will be between 2 triangles on the South Shore and a transit on the race box.
- 9.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races (DP).
- 9.4 A boat that does not start within 30 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 AND A5.

### 10 The Finish

- 10.1 The finish line is the same as the start line, between the two triangles on the South Shore and a transit on the Race Box.
- 10.2 If the race committee is absent when a boat finishes, the helm should report their finishing time, and position in relation to nearby boats, to the race committee at the first opportunity.

### 11 Shortening Course

- 11.1 Courses may be shortened in accordance with RRS 32 with the following addition. A vessel flying the Club Burgee, which is authorised by the race officer or race committee, may shorten the course as per RRS 32 or where Flag H is displayed on its own at a rounding mark, or over an individual Class Flag when this instruction will apply to that class only. The course is shortened and the race will be to the designated finishing line, having first sailed the same number of laps as the leading boat. The finishing line is to be crossed from the direction of the last mark. This changes RRS 32.

### 12 Penalty System

- 12.1 For Classes 1 and 3 RRS 44.1 is changed so that a two-turn penalty is replaced by a one-turn penalty.
- 12.2 A yacht in Class One or Three who goes aground may use her engine to get off, ensuring no further advantage is gained. The yacht going aground and using her engine must inform the race officer as soon as possible and accept a 2% or 1 place penalty, whichever is greater.

### 13 Time Limits

- 13.1 The time limit is 3 hours after the start time for the first boat. Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored Did Not finish without a hearing. This changes RRS 35 A4 and A5.
- 14 Protests and Requests for Redress
- 14.1 Protest forms are available from the Race Box.
- 14.2 For each class the protest time limit is 90 minutes after the last boat has finished.
- 14.3 Notices must be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the race box as soon as practicable. Where possible arbitration will be used.

### 15 Scoring

- 15.1 Scoring will be under the low points system as per RRS Appendix A (A4) where A4.2 is superseded by A9
- 15.2 Discards will be applied as follows: 4 or more races 1 discard, 7 or more races 2 discards, 9 or more races 3 discards, 14 or more races 4 discards.

### 16 Safety Regulations

- 16.1 A boat that retires from a race shall notify the race box as soon as possible.
- 16.2 All boats racing in Class One and Three will carry the minimum of:
- Buoyancy aid or life jacket for each person aboard
  - A bucket with lanyard
  - A knife suitable for cutting ropes
  - A floating throw line or equivalent
  - A VHF capable of receiving and transmitting VHF 37. (M1)
- Day Boats racing as one designs must carry adequate personal buoyancy and a VHF capable of receiving VHF 37(M1) and any other safety requirements as laid out in their class rules.
- 16.3 Yachts and day boats must keep clear of dinghies launching from the pontoon. (DP)

### 17 Waste Disposal

- 17.1 All waste must be taken ashore and disposed of properly.

### 18 Radio Communication

- 18.1 Except in an emergency a boat that is racing shall not make voice or data transmissions and shall not receive voice or data transmissions that are not available to all competitors.

### 19 Prizes

- 19.1 Prizes will be awarded at the annual prize giving dinner.

### 20 Disclaimer of Liability

- 20.1 Competitors participate in the racing entirely at their own risk. See RRS 3 Decision to Race The responsibility for a boat's decision to participate in a race or to continue racing is hers alone. For under 18s the parent or Guardian takes the responsibility. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the sailing event.

### 21 Insurance

- 21.1 Each participating boat shall be insured with valid third-party liability insurance with minimum cover of £3 000 000.

## SECTION "B" (Dinghies)

The notation '(DP)' in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

### 1 Rules

- 1.1 The racing will be governed by the rules as defined in The Racing Rules of Sailing 2021-2024 (RRS), and the Crouch Harbour Byelaws. <https://crouchharbour.uk/byelaws/>
- 1.2 The helm or crew must be a sailing member of the Burnham on Crouch Sailing Club (BSC).
- 1.3 One-design class rules will apply and valid association membership is needed where applicable.
- 1.4 All in a dinghy will wear a personal flotation device in accordance with rule 40.1. Rule 40.1 will apply at all times.

### 2 Notices to Competitors

- 2.1 Notices to competitors will be posted on the official notice board located in the club house and on the BSC website and social media channels when possible.

### 3 Changes to Sailing Instructions

- 3.1 Any change to the sailing instructions will be posted before 09:00 on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

### 4 Signals Made Ashore

- 4.1 Signals made ashore will be displayed at the BSC clubhouse using the appropriate flags or flag boards displayed on the upper storey balcony.
- 4.2 IF the V flag flies from the flag halyards by the Club Burgee all boats and support vessels need to maintain radio watch on CH37 and 16 to potentially assist with a search and rescue.

### 5 Schedule of Races

- 5.1 Dates as in the BSC Programme 2023.
- 5.2 The scheduled warning signals for each class on Tuesday are as follows:

Class	Warning Signal	Start
Fast Handicap	17:55	18:00
Slow Handicap	18:00	18:05
Optimist	18:05	18:10

The scheduled warning signal for each class on Wednesday are as follows:

Class	Warning Signal	Start	
Blaze.	1745	1750	ALL TIMES ARE BST

- 5.3 One extra race per day may be sailed at the RO's discretion.



## **6 Class Flags**

- 6.1 Class Flags will be:
- |               |   |
|---------------|---|
| Fast Handicap | F |
| Slow Handicap | C |
| Optimist.     | O |
| Blaze.        | R |

## **7 Racing Area**

- 7.1 The racing will take place on the Rivers Crouch and Roach.

## **8 The Courses**

The courses will be set from the BSC Course Card 2023. A chartlet is provided showing the approximate locations of marks. This might include a special course to be displayed in the club house

- 8.1 The BSC dinghy line is a mark of the course when a boat passes through it on any leg of their course.

## **9 The Start**

- 9.1 Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal and then at 4, 1, GO.
- 9.2 The starting and finishing line shall be between the triangles mounted on the Clubhouse and a Pin Marker.
- 9.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races (DP).
- 9.4 A boat that does not start within 30 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 AND A5.

## **10 The Finish**

- 10.1 The finish line is the same as the start line, between the Pin Marker and a transit on the Race Box.
- 10.2 If the race committee is absent when a boat finishes, she should report her finishing time, and her position in relation to nearby boats, to the race committee at the first opportunity.
- 11 Shortening Course
- 11.1 Courses may be shortened in accordance with RRS 32 with the following addition. A vessel flying the Club Burgee, which is authorised by the race officer or race committee, may shorten the course as per RRS 32 or where Flag H is displayed on its own at a rounding mark, or over an individual Class Flag when this instruction will apply to that class only. The course is shortened and the race will be to the designated finishing line, having first sailed the same number of laps as the leading boat. The finishing line is to be crossed from the direction of the last mark. This changes rule 32.

## **12 Penalty System**

- 12.1 For dinghy classes RRS 44.1 is changed so that a two-turn penalty is replaced by a one turn penalty.

## **13 Time Limits**

- 13.1 The time limit is 2 hours after the start time for the first boat. Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored Did Not finish without a hearing. This changes RRS 35 A4 and A5.

## **14 Protests and Requests for Redress**

- 14.1 Protest forms are available from the Race Box.
- 14.2 For each class the protest time is 90 minutes after the last boat has finished.
- 14.3 Notices must be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the race box as soon as practicable. Where possible arbitration will be used.

## **15 Scoring**

- 15.1 Scoring will be under the low points system as per RRS Appendix A (A4) where A4.2 is superseded by A9
- 15.2 Discards will be applied as follows: 4 or more races 1 discard, 7 or more races 2 discards, 9 or more races 3 discards, 14 or more races 4 discards.

## **16 Safety Regulations**

- 16.1 A boat that retires from a race shall notify the racebox as soon as possible.
- 16.2 All dinghies are required to sign on and off regardless of where they launch.

## **17 Waste Disposal**

- 17.1 All waste must be taken ashore and disposed of properly.

## **18 Radio Communication**

- 18.1 Except in an emergency a boat that is racing shall not make voice or data transmissions and shall not receive voice or data transmissions that are not available to all competitors.

## **19 Prizes**

- 19.1 Prizes will be awarded at the annual prize giving event.

## **20 Disclaimer of Liability**

- 20.1 Competitors participate in the racing entirely at their own risk. See RRS 3 Decision to Race The responsibility for a boat's decision to participate in a race or to continue racing is hers alone. For under 18s the parent or Guardian takes the responsibility. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the sailing event.

## **21 Insurance**

- 21.1 Each participating boat shall be insured with valid third-party liability insurance with minimum cover of £3 000 000.

## 2022 Season Trophy Winner - Keelboat Classes

### Spring Series

Class 1	Little Gem Trophy	Jeannie	John Saunders
Class 3	Taylor Walker Cup	Red Rooster	Phil Aspinall
RS Elite	Wilkinson Cup	Serious Moonlight	Richard Bavin
Squib	Pitcher Cup	Brutus	Simon Griffin

### RNLI Race

Class 1	RNLI Shield	Jackal	D Harden R Oram M Schneidau
Class 3	RNLI Shield	Elfin	Martin Smith
RS Elite	RNLI Salver	Uncontested	
Squib	RNLI Salver	Uncontested	
RBOD		Red Jacket	Stephen Herring

### Stuart Paul Trophy

Class 1/Class3	Stuart Paul Yacht No.1	Jackal	D Harden R Oram M Schneidau
Squib/RBOD/RS Elite	Stuart Paul Yacht No.2	Humphrey	Robert Coyle

### Baldwin Memorial Trophy

Class 1/Class3	Baldwin Trophy class 1	Jeannie	John Saunders
Squib/RBOD/RS Elite	Baldwin Trophy class 3	Red Jacket	Stephen Herring

### July Cup

Class 1	Teazer Cup	Jeannie	John Saunders
Class 3	Hood Cup`	Red Rooster	Phil Aspinall
RS Elite	Laser Cup	Serious Moonlight	Richard Bavin
Squib	Wilkinson Cup	Humphrey	Robert Coyle
RBOD	BSC 1931 B Class Tankard	Mandarin	Will Dallimore

### Summer Series

Class 1	Rnd.The Island Tankard	Slipstream	Lizzie Brown
Class 3	Summer Points Tankard	Bugs Bunny	Ray Apthorp
RS Elite	Summer Points Cup	Serious Moonlight	Richard Bavin
Squib	Summer Points Tankard	Brutus	Simon Griffin
RBOD	Summer Series Cup	Red Jacket	Stephen Herring

### Saturday Cruiser Series

Warwick Smith Enterprise Cup	Reality	Lizzie Brown
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### Long Distance Race

Class 1	GH Rope Cup	Jackal	D Harden R Oram M Schneidau
Class 3	Social Committee Cup	Bugs Bunny	Ray Apthorp
RS Elite	Long Distance Tankard	Serious Moonlight	Richard Bavin

### Long Distance Race

Squib	Chalis Cup	Uncontested	
RBOD		Red Jacket	Stephen Herring

### Diana Race

Class 1	Royal Wedding Trophy	Slipstream	Lizzie Brown
Class 3	Barrett Cup	Bugs Bunny	Ray Apthorp
RS Elite	JCC Salver	Serious Moonlight	Richard Bavin
Squib	Ron Clare Salver	Firecracker	Dan Wastnage
RBOD	RBOD Diana Jug	Red Jacket	Stephen Herring

### Crew's Race

Class 1	B'sun Cup	Exile	Martin Hare
Class 3	Ida Worrall Cup	Bugs Bunny	Danny Slade
RS Elite	The Crew's Cup	All The Gear	Dylan Wells
RBOD	Esme Savage cup	Red Jacket	Mel Lewis
Squib	A Swift Half	Outlaw	Iona Scott

### Season's Points Runner Up

Class 1	Covington Cup	Jeannie	John Saunders
Class 3	W.W.Hawkes Cup	Elfin	Martin Smith
RS Elite	Dyce Pettigrow Tankard	Excalibur	Roger Martin
Squib	Joyce Hooper Bowl	Outlaw	Iona Scott

### Season's Points Winner

Class 1	Norma Cup	Jeannie	John Saunders
Class 3	Sable Cup	Rted Rooster	Phil Aspinall
RS Elite	Full & Bye Cup	Serious Moonlight	Richard Bavin
Squib	Joe Cole Cup	Brutus	Simon Griffin

### Season's Points IRC

The Jack Harrison Trophy	Jackal	D Harden R Oram M Schneidau
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### Clanger Trophy

Jackal	Digger Harden
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### Autumn Series

Class 1	Martinique	Mark Lyons
Class 3	Red Rooster	Phil Aspinall
George Prince Trophy	Jeannie	John Saunders
Peter Cashell Trophy	Jeannie	John Saunders

### Nutcracker Series

Cobra	Phil Collard
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### Helmshmanship Trophy

Ben Harden
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## 2022 Season Trophy Winner - Dinghy Classes

### Spring Series

Fast Handicap	Spring Series Cup	Solo	Richard Taylor
Slow Handicap	Spring Series Cup	RS Tera Pro	Charlie Rawlings
Optimist	Spring Series Cup	Optimist	Noah Mathers

### Summer Series

Fast Handicap	Summer Series Cup	RS 200	Ben Harden
Slow Handicap	Summer Series Cup	RS Tera Sport	Cameron Hetherington
Optimist	Summer Series Cup	Optimist	Noah Mathers

### Seasons's Points

Fast Handicap 1st	Saltmore Shield	Solo	Chris Roberts
Fast Handicap 2nd	Autumn Cup	RS 200	Jo Tribe
Fast Handicap 3rd	BSC Tankard	Solo	Richard Taylor

Slow Handicap 1st	Darby Cup	RS Tera Pro	Charlie Rawlings
Slow Handicap 2nd	Hermes Trophy	RS Tera Sport	Archie Hutcheon
Slow Handicap 3rd	RNLI Cadet Shield	RS Tera Pro	Eve Kennedy

Optimist 1st	The Branklet	Optimist	Noah Mathers
Optimist 2nd	P. Elam Esq. Cup	Optimist	Amy Bullen
Optimist 3rd	Junior Shield	Optimist	Isla Kennedy

### Stuart Paul Trophy

Optimist	Noah Mathers
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### RNLI Race

Fast Handicap	Blaze	Ben Harden
Slow Handicap	RS Tera Pro	Eve Kennedy
Optimist	Optimist	Noah Mathers

### Helmanship Trophy

Ben Harden
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### Endeavour Trophy

Adam Smith
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### Bob Cole Trophy

Noah Mathers
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### Friday Night Awards

River 1	Most Improved	Niall Harrell
River 1	Most sporting	Alisia Jones
River 2	Most Improved	Archie Hutcheon
River 2	Most sporting	Amy Bullen
Race	Most Improved	Cameron Hetherington
Race	Most sporting	Esme VanSchagen
Best All Rounder		Charlie Rawlings

### Clanger Trophy

Hayley Bullen
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# Burnham Week EST 1892



## 26th August - 2nd September 2023

- **8 days of racing**
- **Open to all types of boat**
- **Variety of courses in tidal rivers**
- **Fabulous social programme**
- **Burnham Week Finale Firework Display**

**All welcome**



- Racing for IRC, cruisers, multihulls, keelboats and dinghies.
- Events for kayaks, gigs
- Family Friendly town with river walks and playgrounds

**Prizes**



- Prizes - for each part of this flexible programme.
- Bank Holiday Regatta: full week: final Saturday.
- Individual championships.
- The Town Cup.

**Social**



- Burnham's Yacht Clubs, Pubs and restaurants welcome all
- Moorings available in the river and marina
- Two clubs offer dinghy launching and camping



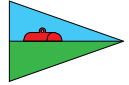
To enter or for more information contact: **03300 969 819**  
[info@burnhamweek.com](mailto:info@burnhamweek.com) or call [www.burnhamweek.com](http://www.burnhamweek.com)

\*Conditions may apply.



# Club Officers & Committee

## 2023



### President

John Mellard

### Vice-President

Rosemary Prior

### Commodore

Lucy Heathfield-Ward

[commodore@burnhamsc.co.uk](mailto:commodore@burnhamsc.co.uk)

### Vice Commodore

Tom Sadler

[vicecommodore@burnhamsc.co.uk](mailto:vicecommodore@burnhamsc.co.uk)

### Rear Commodore House

Ros Jones

### Rear Commodore Premises

Dan Loasby

[rearcommodore@burnhamsc.co.uk](mailto:rearcommodore@burnhamsc.co.uk)

### Trustees

John Mellard, Rosemary Prior,  
Jonathan Tucker, Mike Harden

### Hon. Secretary - Vacant

### Hon. Treasurer

John Saunders

[treasurer@burnhamsc.co.uk](mailto:treasurer@burnhamsc.co.uk)

### Hon. Membership Secretary

Liz Tolhurst 1 Remembrance Avenue,  
Burnham on Crouch, Essex, CM0 8HA

[membership@burnhamsc.co.uk](mailto:membership@burnhamsc.co.uk)

### Hon Minutes Secretary - Vacant

### General Committee

**Flag Officers and Trustees** - John Paul,  
John Saunders, Alan Hanna, Liz Tolhurst,  
Amanda Crockford, Hayley Bullen,  
Nick Plank, Jo Tribe, Dan Rodwell

### Handicap Committee

Alan Hanna, Paul Trueman, Sally Harbott  
[racebook@burnhamsc.co.uk](mailto:racebook@burnhamsc.co.uk)

### Sailing Sub Committee

Tom Sadler, Lucy Heathfield-Ward,  
Alan Hanna, Paul Trueman,  
Sally Harbott, Jo Tribe

### House/Premises Sub Committee

Dan Loasby, Ros Jones, Rosemary Prior,  
John Paul, Nick Plank, Jeff Welsh

### Social Sub Committee

Ros Jones, Julie Loasby, Hayley Bullen

### Junior Coordinator

Adrian and Hayley Bullen

[juniors@burnhamsc.co.uk](mailto:juniors@burnhamsc.co.uk)

### Dinghy Coordinator

Jo Tribe

[dinghycoordinator@burnhamsc.co.uk](mailto:dinghycoordinator@burnhamsc.co.uk)

### Dinghy Park Coordinator

Jo Tribe

### Junior Sub Committee

Adrian & Haley Bullen, Tom Sadler,  
Jo Tribe, Tony Lacey

[juniors@burnhamsc.co.uk](mailto:juniors@burnhamsc.co.uk)

### Kayak Coordinator

Amanda Crockford

[kayak@burnhamsc.co.uk](mailto:kayak@burnhamsc.co.uk)

### SUP Coordinator - Vacant

### Communications Officer

Dan Rodwell

[communications@burnhamsc.co.uk](mailto:communications@burnhamsc.co.uk)

The Burnham on Crouch Sailing Club is a member-owned club run by volunteers. Parents or Guardians shall be responsible for their children at all times whilst visiting and participating in club activities and amenities.